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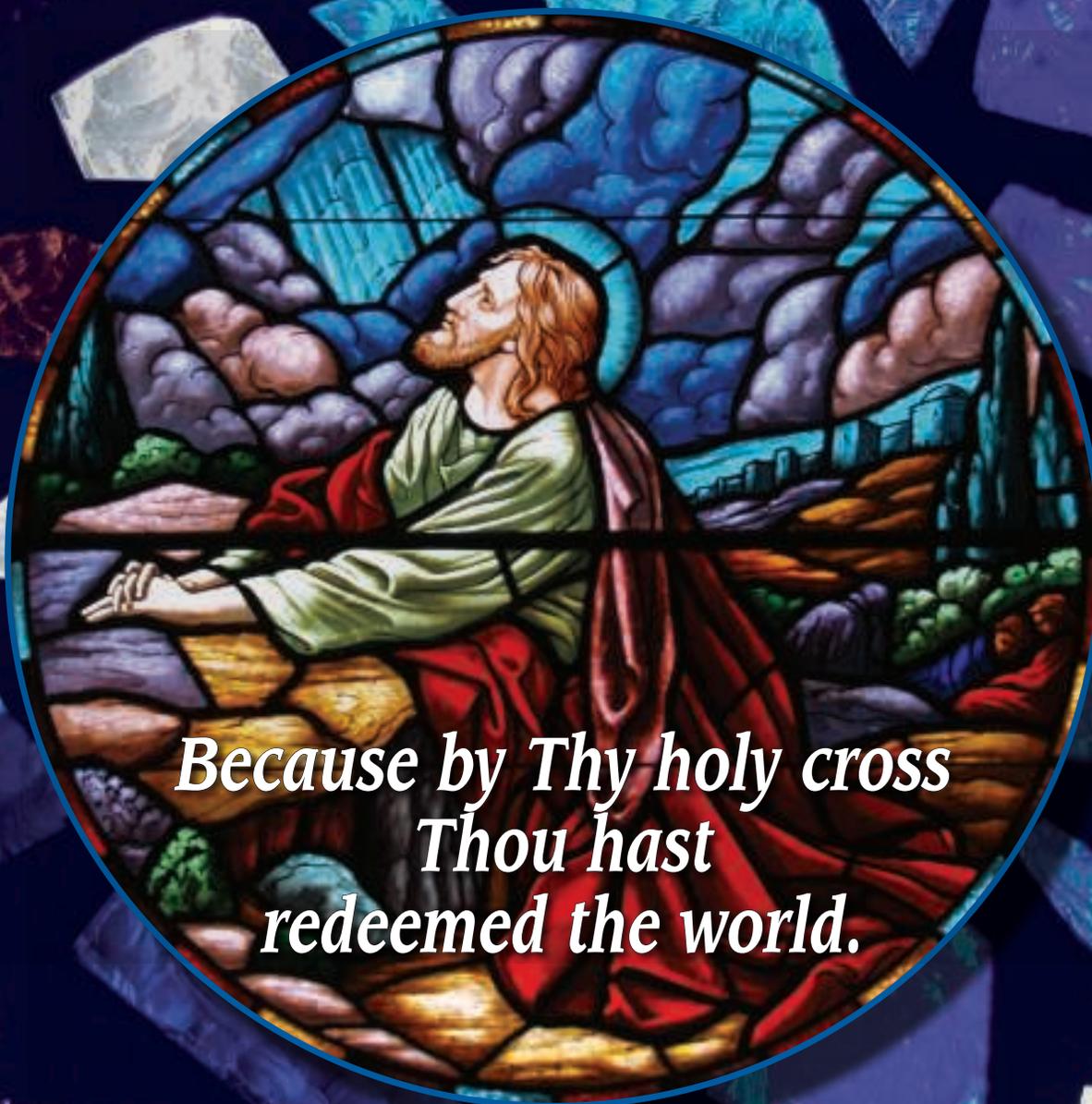
Fraternally Yours™

FIRST CATHOLIC SLOVAK LADIES ASSOCIATION

VOL. 96, NO. 6

MARCH 2010

We adore Thee, O Christ, and we praise Thee,



*Because by Thy holy cross
Thou hast
redeemed the world.*

ŽENSKÁ JEDNOTA

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ŽENSKÁ JEDNOTA,

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Daily Acceptance Prayer

I accept myself completely.

I accept my strengths and my weaknesses, my gifts and my shortcomings, my good points and my faults.

I accept myself completely as both a human being and a child of God.

I accept that I am here to learn and grow, and I accept that I am learning and growing.

I accept the personality I've developed, and I accept my power to heal and change.

I accept myself without condition or reservation.

I accept that the core of my being is goodness and that my essence is love, and I accept that I sometimes forget that.

I accept myself completely, and in this acceptance

I find an ever-deepening inner strength.

From this place of strength, I accept my life fully and

I remain open to the lessons it offers me today.

I accept that within my mind are both fear and love, and

I accept my power to choose which I will experience as real.

I recognize that I experience only the results of my own choices.

I accept the times that I choose fear as part of my learning and healing process, and

I accept that I have the potential and power in any moment to choose love instead.

I accept mistakes as a part of growth, so I am always willing to forgive myself and those around me when they make mistakes.

Remember the words of Jesus "Do not judge and you will not be judged. Do not condemn, and you will not be condemned.

Forgive, and you will be forgiven" (Luke 6:37). Make second chances a part of each and everyday.

I accept that my life is the expression of my thought, and I commit myself to aligning my thoughts more and more each day with the Thought of Love.

I accept that I am an expression of this Love. Love's hands and voice and heart on earth.

I accept my own life as a blessing and a gift from God.

My heart is open to receive, and I am deeply grateful.

May I always share the gifts that I receive fully, freely, and with joy so that others may see the light of God shining brightly in me

Amen



Dear Friends,

Remember that our fraternal acts, in fact all our actions, always speak louder than our words. Therefore it is good for us to occasionally pause and reflect on whether our words and actions are aligned with one another. As you take time to pause and reflect may you also always take the time to find some beauty in each new day!

Until next month . . .

Warmly, Carolyn

ŽENSKÁ JEDNOTA

Remember the Sabbath Day, To Keep it Holy

Reverend Monsignor Peter M. Polando, National Chaplain

My dear Friends,

I recall my childhood years as being more adventurous than those of our young people today (I know that I am getting older as I talk more frequently of “the good old days”!). Once the school year ended in June, the nearby park in Youngstown (which I believe is the second largest city park in the United States) was filled with an abundance of activities for children and adults alike and very seldom was there a concern for the safety of people. There were miles upon miles of trails to hike and paved roads to peddle our bicycles and adults to take automobile rides. A par three golf course was at one end and two eighteen holes golf courses at the other end. Two of the three lakes were large enough to offer canoeing, row boating and even ferry boat rides. During those years, a rose garden was added that to this day I feel is the crowning gem of the park. Once our chores and work at home would be accomplished, it would be nothing for us youngsters to pack a lunch and spend the day having fun. Picnic tables and pavilions dotted the park for events such as family reunions to a family having a shady Sunday picnic escaping the city’s heat.

As we returned to school in the autumn, Saturdays and some week nights were utilized to continue our summer activities and react to the colorful changes that were occurring right before our very eyes. When the snow began to fall, the park became a haven to sled ride. The park officials would block some of the long, steep roads off for this purpose plus there were many open, rolling hills for a thrilling adventure downhill and a seemingly lengthy trek up to the start. We were able to ice skate on the two lakes once the temperature fell below zero for several days. It was almost expected that during and after ice skating, the park officials would provide a nice wood fire for all of us to hover around and defrost a little.

Throughout those years of growing up, no matter what the season and how much we liked going outside and/or going to the park with our friends, one day was of

utmost importance – Sunday. Sunday was a constant in our family as a day of worship, visiting with grandparents, and having a wonderful meal together. My family was not wealthy but I knew that we were not poor. Similarly my siblings and I had the same lifestyle like those with whom we went to school and who were our friends. What we did in our family seemed to be paralleled in their families. We were all very rich in keeping Sunday as the Lord’s Day.

The third commandment of the Decalogue reads, “Remember to keep holy the Sabbath day. Six days you may labor and do all your work, but the seventh day is the Sabbath of the Lord, your God. No work may be done then either by you, or your son or daughter, or your male or female slave, or your beast, or by the alien who lives with you. In six days the Lord made the heavens and the earth, the sea and all that is in them; but on the seventh day he rested. That is why the Lord has blessed the Sabbath day and made it holy” (*Exodus 20:8-10*). In his Apostolic Letter, *On Keeping the Lord’s Day Holy (Dies Domini)*, Pope John Paul II reminded us of how and why Christians transferred keeping Sunday holy from the Sabbath. He wrote, “Because the third commandment depends upon the remembrance of God’s saving works and because Christians saw the definitive time inaugurated by Christ as a new beginning, they made the first day after the Sabbath a festive day, for that was the day on which the Lord rose from the dead. The Paschal Mystery of Christ is the full revelation of the mystery of the world’s origin, the climax of the history of salvation and the anticipation of the eschatological fulfillment of the world.” (Paragraph 18)

In the course of the years since my youth, I have noticed people have become less loyal in keeping Sunday as the special day of the week – one of worship, free from labor, sharing with family. There are many factors that come into play such as the demands of employers upon employees to work on that day; the attitude of Sunday being the “catch up day” of the week in

order to get things accomplished that seem to be impossible to do because of work and other activities during the week; and sadly, the break down of the family unit from what it was in the past, just to name a few. We as Catholics, however, must make every attempt available to worship our God on Sunday by faithfully participating in Sunday Mass at the least.

Paragraph 2182 of the *Catechism of the Catholic Church*, insists that, “Participation in the communal celebration of the Sunday Eucharist is a testimony of belonging and of being faithful to Christ and to his Church. The faithful give witness by this to their communion in faith and charity. Together they testify to God’s holiness and their hope of salvation. They strengthen one another under the guidance of the Holy Spirit”. Later, the *Catechism* declares that “On Sundays and other holy days of obligation, the faithful are to refrain from engaging in work or activities that hinder the worship owed to God, the joy proper to the Lord’s Day, the performance of works of mercy, and the appropriate relaxation of mind and body” (Paragraph 2185).

We have an obligation to make sure that all of us come together at Mass each weekend. It is important that we try to avoid unnecessary work and come to enjoy each other more within our families, especially on the Lord’s Day. Maybe if we try harder, we could eliminate less mental and physical stress, promote more love, respect, and understanding of each other in our family units, be more mindful of the less fortunate than ourselves and be more grateful to a God who has given so much to us.

As a child, I thought my work being attentive to my work in school and playing with others. I was freed of those obligations on Sunday. As I grow older, I see better the meaning of what Jesus preached in His day and is certainly valid today: “The Sabbath was made for man, not man for the Sabbath; so the Son of Man is lord even of the Sabbath (*Mark 2:27-28*)

MATCHING FUNDS ACTIVITIES

We are proud to share with you the results of our first year of Matching Funds Projects. FCSLA had 30 projects during 2009 which resulted in raising over \$56,000 for charitable or benevolent causes. We would like to fraternally thank all the branches who participated in this program for 2009. We encourage all of our branches to consider a project for 2010. Remember all branches, Senior and Junior, are permitted to sponsor two projects in a calendar year. The guidelines and forms for 2010 have changed a little. Please make sure you have the correct forms to submit. You may request the forms by calling Sue Ann at the Home Office,

Ext. 1051 or they are available on our website, www.fcsla.org.

As the FCSLA continues to grow we need to hear positive ideas and suggestions from our membership especially the younger generation. Perhaps there is a program or idea you would like us to consider implementing in the future. Email me at: sueann@fcsla.org or phone 1-800-464-4642, Ext. 1051.

SAVE THE DATE!

The First Catholic Slovak Ladies Association will be holding a Special Convention on October 11, 2010, at the Renaissance Hotel in Cleveland, OH. Arrange to be there! We will be discussing and deciding the best system of governance for our society today. Be a part of it!

Between now and October 11, the Board of Directors will be involved with educational materials and meetings to bring the membership up to date on the issues. Watch for the information!

Mary Ann S. Johaneck

A Century Apart

One-year-old Stephanie Saus, the youngest Jednota member of the "Mallinak" Family went to Seminole, FL during the Christmas holidays to visit her great aunt Mae Lang, the oldest member.

Mae was born in 1910 and is in her 100th year. She is the oldest of 12 children born to the late Stephen and Mary Mallinak. Mae is a member of Branch 616 in Seminole, FL. Stephanie is the daughter of Joseph



and Joy Saus of Westlake, OH and are members of Branch 10 in Cleveland. Stephanie is the granddaughter of Joseph and Rosemary Saus of Branch 616.

FCSLA FRATERNAL OUTREACH IS ON THE MOVE IN 2010

National Nutrition Month

From the desk of Deborah Brindza, M.D., National Medical Examiner and Sue Ann M. Seich, Fraternal & Youth Director

Did you know March is **NATIONAL NUTRITION MONTH**? Our association is well aware of the importance of eating healthy. Your diet has a big influence on your health, attitude, and weight. Many of us are guilty of snacking or picking up fast food meals because of our busy schedules. How many of us take the time to eat healthy? Your health and well being should be at the top of your priority list.

Here is a list of three snack suggestions with extra benefits because they are low in calories and high in nutritional benefits:

- ♥ **Low fat yogurt** — for a boost of calcium. Low in calories, many flavors to choose from and it satisfies your hunger.

- ♥ **Blueberries** — full of antioxidants. Just one cup is only 80 calories and has 5 grams of fiber. They are good for a heart-healthy diet.
- ♥ **Nuts** — rich in vitamin E and omega-3 fatty acids. A good snack size is a handful or about two dozen. If you over indulge you could add pounds. The best nuts are walnuts, pecans, and almonds. All nuts are good for your heart.

There are many ways to snack smart. Remember the important thing is to use moderation and variety to help your body. Happy snacking!

Visit www.eatright.org/nnm for additional information on National Nutrition month. You will find many ideas, games, and suggestions for food preparation at home or on the road.



10 Pay Life

The 10 Pay Premium Life Insurance is an ideal policy for families on a budget. This plan allows payments to be spread out over a longer period of time, while still receiving benefits of a whole life policy. Premiums can be paid annually, semi-annually, quarterly or monthly for the 10 year period.

- * Premiums are payable for only 10 years, then the certificate becomes fully paid up for life.
- * The minimum purchase amount is \$5,000.
- * Issue ages are 0 through 85.
- * Dividends are anticipated after the second year.
- * 25% Post Mortem benefit anticipated after the second year.
- * Cash value is available for loan or non-forfeiture option.
- * Entitles holder to all fraternal benefits of the Association.

For More Information and Premium Rates for Female and Male Smokers Please Call 800-464-4642.

Female Non-Smoker Annual Premium Rates (per \$1,000 FACE Amount)

Issue Age	Band 1 Under \$10,000	Band 2 \$10,000-\$24,999	Band 3 \$25,000-\$49,999	Band 4 \$50,000-\$99,999	Issue Age	Band 1 Under \$10,000	Band 2 \$10,000-\$24,999	Band 3 \$25,000-\$49,999	Band 4 \$50,000-\$99,999
0	\$16.14	12.14	9.14	8.14	40	34.93	30.93	27.93	26.93
1	16.31	12.31	9.31	8.31	41	35.85	31.85	28.85	27.85
2	16.50	12.50	9.50	8.50	42	36.80	32.80	29.80	28.80
3	16.72	12.72	9.72	8.72	43	37.78	33.78	30.78	29.78
4	16.95	12.95	9.95	8.95	44	38.80	34.80	31.80	30.80
5	17.18	13.18	10.18	9.18	45	39.85	35.85	32.85	31.85
6	17.44	13.44	10.44	9.44	46	40.94	36.94	33.94	32.94
7	17.70	13.70	10.70	9.70	47	42.07	38.07	35.07	34.07
8	17.97	13.97	10.97	9.97	48	43.23	39.23	36.23	35.23
9	18.25	14.25	11.25	10.25	49	44.44	40.44	37.44	36.44
10	18.56	14.56	11.56	10.56	50	45.70	41.70	38.70	37.70
11	18.87	14.87	11.87	10.87	51	46.98	42.98	39.98	38.98
12	19.20	15.20	12.20	11.20	52	48.31	44.31	41.31	40.31
13	19.52	15.52	12.52	11.52	53	49.65	45.65	42.65	41.65
14	19.86	15.86	12.86	11.86	54	51.03	47.03	44.03	43.03
15	20.22	16.22	13.22	12.22	55	52.45	48.45	45.45	44.45
16	20.48	16.48	13.48	12.48	56	53.89	49.89	46.89	45.89
17	20.85	16.85	13.85	12.85	57	55.38	51.38	48.38	47.38
18	21.23	17.23	14.23	13.23	58	56.91	52.91	49.91	48.91
19	21.64	17.64	14.64	13.64	59	58.46	54.46	51.46	50.46
20	22.06	18.06	15.06	14.06	60	60.08	56.08	53.08	52.08
21	22.48	18.48	15.48	14.48	61	61.73	57.73	54.73	53.73
22	22.94	18.94	15.94	14.94	62	63.43	59.43	56.43	55.43
23	23.41	19.41	16.41	15.41	63	65.20	61.20	58.20	57.20
24	23.90	19.90	16.90	15.90	64	67.04	63.04	60.04	59.04
25	24.41	20.41	17.41	16.41	65	68.92	64.92	61.92	60.92
26	24.94	20.94	17.94	16.94	66	70.90	66.90	63.90	62.90
27	25.49	21.49	18.49	17.49	67	72.96	68.96	65.96	64.96
28	26.06	22.06	19.06	18.06	68	75.11	71.11	68.11	67.11
29	26.65	22.65	19.65	18.65	69	77.35	73.35	70.35	69.35
30	27.28	23.28	20.28	19.28	70	79.71	75.71	72.71	71.71
31	27.92	23.92	20.92	19.92	71	81.84	77.84	74.84	73.84
32	28.59	24.59	21.59	20.59	72	83.96	79.96	76.96	75.96
33	29.29	25.29	22.29	21.29	73	86.09	82.09	79.09	78.09
34	30.01	26.01	23.01	22.01	74	88.21	84.21	81.21	80.21
35	30.77	26.77	23.77	22.77	75	90.34	86.34	83.34	82.34
36	31.55	27.55	24.55	23.55	76	93.72	89.72	86.72	85.72
37	32.35	28.35	25.35	24.35	77	97.52	93.52	90.52	89.52
38	33.18	29.18	26.18	25.18	78	101.64	97.64	94.64	93.64
39	34.04	30.04	27.04	26.04	79	106.13	102.13	99.13	98.13
					80	111.06	107.06	104.06	103.06
					81	116.51	112.51	109.51	108.51
					82	122.35	118.35	115.35	114.35
					83	128.57	124.57	121.57	120.57
					84	135.30	131.30	128.30	127.30
					85	142.60	138.60	135.60	134.60

For coverage between \$100,000 and \$499,999 – Subtract \$1.00 from the Band 4 rates.

Male Non-Smoker Annual Premium Rates (per \$1,000 FACE Amount)

Issue Age	Band 1 Under \$10,000	Band 2 \$10,000-\$24,999	Band 3 \$25,000-\$49,999	Band 4 \$50,000-\$99,999	Issue Age	Band 1 Under \$10,000	Band 2 \$10,000-\$24,999	Band 3 \$25,000-\$49,999	Band 4 \$50,000-\$99,999
0	\$17.24	13.24	10.24	9.24	40	38.27	34.27	31.27	30.27
1	17.44	13.44	10.44	9.44	41	39.33	35.33	32.33	31.33
2	17.67	13.67	10.67	9.67	42	40.40	36.40	33.40	32.40
3	17.91	13.91	10.91	9.91	43	41.48	37.48	34.48	33.48
4	18.16	14.16	11.16	10.16	44	42.62	38.62	35.62	34.62
5	18.46	14.46	11.46	10.46	45	43.79	39.79	36.79	35.79
6	18.74	14.74	11.74	10.74	46	44.98	40.98	37.98	36.98
7	19.06	15.06	12.06	11.06	47	46.21	42.21	39.21	38.21
8	19.39	15.39	12.39	11.39	48	47.47	43.47	40.47	39.47
9	19.74	15.74	12.74	11.74	49	48.80	44.80	41.80	40.80
10	20.09	16.09	13.09	12.09	50	50.18	46.18	43.18	42.18
11	20.47	16.47	13.47	12.47	51	51.62	47.62	44.62	43.62
12	20.85	16.85	13.85	12.85	52	53.11	49.11	46.11	45.11
13	21.25	17.25	14.25	13.25	53	54.65	50.65	47.65	46.65
14	21.65	17.65	14.65	13.65	54	56.26	52.26	49.26	48.26
15	22.05	18.05	15.05	14.05	55	57.91	53.91	50.91	49.91
16	22.27	18.27	15.27	14.27	56	59.60	55.60	52.60	51.60
17	22.66	18.66	15.66	14.66	57	61.34	57.34	54.34	53.34
18	23.07	19.07	16.07	15.07	58	63.14	59.14	56.14	55.14
19	23.48	19.48	16.48	15.48	59	65.02	61.02	58.02	57.02
20	23.92	19.92	16.92	15.92	60	66.97	62.97	59.97	58.97
21	24.38	20.38	17.38	16.38	61	69.02	65.02	62.02	61.02
22	24.85	20.85	17.85	16.85	62	71.12	67.12	64.12	63.12
23	25.36	21.36	18.36	17.36	63	73.29	69.29	66.29	65.29
24	25.88	21.88	18.88	17.88	64	75.53	71.53	68.53	67.53
25	26.43	22.43	19.43	18.43	65	77.85	73.85	70.85	69.85
26	27.01	23.01	20.01	19.01	66	80.22	76.22	73.22	72.22
27	27.60	23.60	20.60	19.60	67	82.72	78.72	75.72	74.72
28	28.23	24.23	21.23	20.23	68	85.34	81.34	78.34	77.34
29	28.90	24.90	21.90	20.90	69	88.13	84.13	81.13	80.13
30	29.58	25.58	22.58	21.58	70	91.13	87.13	84.13	83.13
31	30.29	26.29	23.29	22.29	71	94.26	90.26	87.26	86.26
32	31.05	27.05	24.05	23.05	72	97.41	93.41	90.41	89.41
33	31.84	27.84	24.84	23.84	73	100.54	96.54	93.54	92.54
34	32.65	28.65	25.65	24.65	74	103.68	99.68	96.68	95.68
35	33.50	29.50	26.50	25.50	75	106.82	102.82	99.82	98.82
36	34.39	30.39	27.39	26.39	76	111.00	107.00	104.00	103.00
37	35.30	31.30	28.30	27.30	77	116.60	112.60	109.60	108.60
38	36.25	32.25	29.25	28.25	78	122.77	118.77	115.77	114.77
39	37.24	33.24	30.24	29.24	79	129.53	125.53	122.53	121.53
					80	136.91	132.91	129.91	128.91
					81	144.99	140.99	137.99	136.99
					82	153.79	149.79	146.79	145.79
					83	163.44	159.44	156.44	155.44
					84	174.06	170.06	167.06	166.06
					85	185.72	181.72	178.72	177.72

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Branches 77 & 32 of McKeesport, Pennsylvania

◆ Sr. Branch 77

Branch 77 of McKeesport, PA held its Christmas party in conjunction with the December branch meeting on Sunday, December 6, 2009 at the McKeesport Palisades. Members enjoyed hor d'oeuvres before the business session began.

President Jerry Holmes opened the meeting. Sister Linda Soltis gave the opening prayer and the prayer before meals. President Jerry led the prayer for the deceased members of the branch and George Grdich led the pledge of allegiance to the flag. Roll call was taken; all officers were present. The minutes of the November meeting were read and approved, as was the treasurer's report. Branch business was discussed and the election of officers was held. Branch officers are as follows: Jerry Holmes, President; Irene Fedor, Vice President; Virginia Holmes, Treasurer; Marian Greenland, Financial Secretary; Judy Fedor, Recording Secretary and Jr. Branch Secretary, Audrey Podlesny, Auditor and Carol Yurechko, Auditor. The oath of office was administered by Judy Hornfeck. The meeting was adjourned. The closing prayer was led by Sister Irene Benyak. Dinner was served and door prizes were drawn. The half and half drawing was held, with the winner receiving half of the take and the other half being donated to Children's Hospital. Music was provided by Denny and Company.



Officers attending the Sr. Branch 77 party. L-R: Marian Greenland, Irene Fedor, Judy Fedor, Audrey Podlesny, Carol Yurechko, Jerry Holmes and Virginia Holmes.

◆ Jr. Branch 32

Jr. Branch 32 of McKeesport, PA held its annual Christmas party on Saturday, December 12, 2009 at St. Martin de Porres Social Hall in McKeesport. Entertainment was provided by Carmella the Clown. She did magic tricks, played



games and made balloon animals. The kids were captivated; then Santa arrived. They ran to the door to greet him. He invited each child to tell him his or her Christmas wishes.

After meeting with Santa, lunch was served. The favorite chicken fingers were served along with french fries and applesauce, and there was chocolate pudding with whipped cream for dessert. Each child received a \$5.00 bill and a goodie bag to take home.



BRANCH 153 CHRISTMAS PARTY

St. Ann's Lodge Branch 153, Farrell, PA held their Annual Christmas Party/Meeting on Sunday, December 13, 2009, at the Radisson Hotel in West Middlesex, PA.

There were 19 members present to enjoy a sit down dinner. Bingo was played for prizes, door prizes were distributed and individual gifts were given to all those in attendance. Magnetic note pads from headquarters were also given to all members. To conclude a wonderful afternoon Christmas Carols were sung in both English and Slovak. Wishes for a blessed Christmas and a happy and healthy New Year were extended to all individuals at the event.



BRANCH 161 OFFICERS HOST MEMBERS

The officers of St. Elizabeth Society Sr. Branch 161 hosted a Christmas Party for their members on November 29, 2009 at Saint Matthias Parish Hall, Youngstown, OH.

Virginia DeLuca, Branch President, thanked everyone for attending and for their continued support for our Branch which now has over 1,100 members.

Since the Jr. Branch 192 party was held the day before, many of the food items on the buffet were "left overs" like sloppy joes, potato chips, ice cream and orange sherbet punch. The buffet included a variety of items like kielbasa, cheese and crackers, hot appetizers and dozens of cookies baked by not only the officers but members attending.

Every member received a flashlight from Headquarters as their "favor." Everyone attending also received a \$5 gift purchased by the officers with money from the treasury.

After singing Slovak and English Christmas carols, Ceil Schlosser, Virginia DeLuca, Mary Yurco and Bernie Demechko gave their traditional Slovak vinc (greeting). However, they were not given coins as was customary when they recited the vinc as youngsters, instead they received a nice round of applause from the members.



Branch 161 Officers who hosted the party — L-R: Agatha Fabiny, Auditor; Virginia DeLuca, President; Bernie Demechko, Financial Secretary; Millie Kust, Recording Secretary; Betty Zajac, Auditor.



Members of St. Elizabeth Sr. Branch 161 pose for a group photo at their annual Christmas party.

Branch W018 "North Polarizes" Local Restaurant

Several weeks before Christmas day, the junior members annual party brought toys, canned food items, Mr. and Mrs. Claus, and even the U.S Marines to the Spaghetti Works Restaurant.

Branch W018 President Bob Hladik welcomed the overflow crowd. This gathering in one form or another, has been an annual Omaha event for over 75 years. Junior members invited their families, but their grandparents were their special guests.

FCSLA families brought new toys for "Toys for Tots" and non-perishable food items for "Operation Others," a project spearheaded by the local Catholic high schools to provide food for the less fortunate. After lunch and presentations, the Claus family from up North brought good cheer and bags of goodies for each junior member.



Branch W018 Junior members and their families had a fun Sunday afternoon.



For their Omaha appearance the Clauses brought their Number One Elf, R.J.



After all the junior members told the Clauses what they would like for Christmas, families were invited to take photos with the North Pole visitors.



Representatives from the Omaha-area "Toys for Tots" received a monetary donation and hundreds of toys from branch members.

Sr. Branch 376 and Jr. Branch 334 of Wisconsin Combine Christmas Celebrations

❖ SR. BRANCH 376

The Williamsburg Room at Klemmer's Banquet Center in Milwaukee, WI was the place to be for Sr. Branch 376 members on Saturday, December 12th. The



meeting started with a prayer for the sick and deceased members. Minutes and financial reports were read, followed by the audit report. Scholarship forms were available and donations were voted on, including a donation to our Slovak Priests and Nuns. Although our 50-year members, Robert Ciganek, Paul Dodulik, Lisabeth Gapinski, Sharon Garr, Mary Knudten, Anna Mae Mackai, Thomas Mackai, and Theresa Somers could not be with us, members remembered them in their prayers.



Annual elections were held and Mary Jo Noyes was thanked for her beautiful table decorations. Members and guests then enjoyed a delicious dinner of chicken and pork roast with all the trimmings, topped by an amazing poppyseed cake for dessert! Member left with a smile, door prize and a sausage! 2010 meetings will be held on April 17, September 18, and December 11, 2010. The Board and members of Sr. Branch 376 wished everyone *Vesele Vianoce a Stastlivy Novy Rok!*



❖ JR. BRANCH 334

On Saturday, December 12, members of Jr. Branch 334 met in the Maryland Room of Klemmer's Banquet Center for their annual Christmas Party. Cookie decorating was first



on the agenda, then Kathy the Christmas Elf read them a story, followed by a visit from Santa, who gave each child a gift. The children also received gifts from the Home Office and from the

Branch. Members then joined Sr. Branch 376 for dinner and dessert, ending the meeting with a few Christmas songs!



~ ATTENTION ~ Matching Funds Program

The Board of Directors voted to continue to the Matching Funds Program for 2010. Details can be found on our website or obtained by calling our fraternal director Sue Ann Seich at the Home Office.

St. Cecilia Jr. Branch 192 Ushers in Holiday Season



November 28, 2009 – Jr. Branch 192 Children’s Christmas Party at St. Matthias Parish Hall, 68 children and 64 adults in attendance.

St. Cecilia Jr. Branch 192, Youngstown, OH, ushered in the holiday season with its annual Christmas party held November 28, 2009, at Saint Matthias Parish Hall. Virginia DeLuca, President welcomed the 68 children and 64 adults and introduced Bernie Demechko, Jr. Branch 192 Financial Secretary and Chairperson of the event.

Bernie thanked everyone for the support they give to group activities such as Join Hands Day, Matching Funds projects, Scholarship Program, and of course, by purchasing FCLSA insurance projects. Fourteen members were welcomed into the group in 2009.

When Bernie sent the Christmas Party flyer to 90 members (out of 253 nation-wide) who live in a 30 mile radius of the Parish, she included a note to the teenage members asking them to help with the “festival” for a stipend of \$10 each. Fifteen teenagers offered to help and more booths/games had to be rented to accommodate the young helpers.

The hall was set up with eleven booths where young members could try their luck, free of charge, at clown bean bag toss, sucker tree, fish pond, etc. A winner was given a red ticket which could be redeemed for a prize worth anywhere from one to twelve tickets. Over 370 gifts were available from which to choose. Young attendees were ac-

cumulating their tickets for special prizes they wanted. A Bounce-Around was also available for youngsters in which to vent their energy.

Santa Claus (Joe Sebest Jr. Branch 192) came into the hall as the group sang “Jingle Bells.” He was available to listen to the wish-lists of all younger members and gave each a candy cane.

The Kitchen Committee, chaired by Jr. Branch 192 Auditor, Agatha Fabiny, served a delicious lunch consisting of sloppy joes, potato chips, Christmas cookies, ice cream, mints and orange drink.

While the group enjoyed their meal, Betty Zajac, Sr. Branch 161 Auditor, called the names of seventeen door prize winners – categorized by age and sex. Betty, Agatha, and JoAnn Schuler, then gave every child in attendance a “goodie bag” which contained a \$5 bill, Christmas pencil, calculator, ball, Little Debbie Christmas Tree, chocolate candy Santa Claus and Christmas Tree sucker.

Bernie thanked the fifteen Junior Order members and 21 Senior Order members who worked at the party and helped to make it the “best party ever.”



Jacob Sebest exchanges a red winning ticket for a selection from over 370 prizes.



Megan and William Petty visit with Santa (Joe Sebest).



Sydney, Deanna, and Reggie Demechko, Akron, OH and Doran and Logan Kaplan, Austin, TX helped Grandma Demechko to bag cookies, wrap silverware, and set up and clean up the hall.



Breanna Gordulic worked the Tootsie Pop booth.

Santa Comes to Visit Branch 58 in Whiting, Indiana

On Saturday, December 12, 2009, Santa visited the Jr. Branch 58 members at the St. John Mural Room in Whiting, IN. As the children entered they were greeted by the Officers of Br. 58, Ann Okerstrom, Marjorie Strbjak and Becky Coleman. Donnie Sabol of Branch 81 signed in the children and they were given a Christmas picture to color for a contest. After coloring pictures they made ornaments for their Christmas tree, Annette Markovich,



The Scivinsky sisters participated in the coloring contest.

Branch 81 helped the children with decorating their stars for the ornaments.

The guests were served lunch at noon, which included snowmen and Christmas tree ice cream bars for dessert. The children gathered in a circle and played games. Dorothy Hoover then led the children in Christmas carols, Santa arrived as they were singing and they were so excited!

All the good boys and girls received some goodies from jolly old St. Nick's bag. They all enjoyed a chat with Santa and a picture too. All the children were able to pick out a gift from the present table courtesy of Jr. Branch 58. All of our good boys and girls went home with full tummies, many goodies, and great memories thanks to all who participated.



Santa with Jr. Branch 58 members.



L-R: Damian and Alex Delgado are making Christmas ornaments.



Adam Tolin picking presents with Marjorie Strbjak.



L-R: Officers for Jr. Branch 58 — Marjorie Strbjak (Auditor), Florence Hovanec (President), Ann Okerstrom (Financial Secretary), and Becky Coleman (Treasurer).

MARKETING MANAGER

The First Catholic Slovak Ladies Association has announced that it is creating a new Home Office position of Marketing Manager.

We are looking for a person with an MBA degree along with 5-6 years of marketing, preferably in the financial sector. The successful candidate will work with Branch officers in the development of marketing plans to increase sales, assess market trends in the category, as well as identify competitive strategies for the different product lines. This individual will also assist in the communication efforts of the organization. The position includes 10-15% travel.

If interested, please send resume to President Mary Ann S. Johanek at the Home Office, 24950 Chagrin Boulevard, Beachwood, Ohio 44122.

Christmas Celebration for Branch W033 in Iowa

The Christmas celebration on Sunday, December 6, 2009, began with a Mass for our living and deceased FCSLA members.

The celebration began at 11:30 a.m. with a delicious pot luck dinner of salads, casseroles and desserts. The branch supplied the meat, breads, and beverages.

Dinner was followed by our annual meeting. During the meeting the children went to the lunch room to make crafts of coloring their own Nativity Christmas stocking, legend of the candy cane, or doing religious Christmas stencils on colored card stock

paper. The children did a great job with their craft projects.

During the meeting one of the discussions held concerns of an upcoming celebration that will happen in September 2010. Saint Wenceslaus Catholic Church in Spillville, IA the oldest surviving Czech Catholic Church in America will celebrate its 150th Anniversary Labor Day Weekend (September 3-September 5, 2010). Look for more information about this celebration in the May issue of *Fraternally Yours*.

During the meeting Santa Claus arrived. He handed out scholarships, took pictures with the children and gave out bags of treats for everyone attending. After the meeting door prizes were given out and bingo was played with prizes to pick from on and under the Christmas tree.



Bingo gifts on and under our Christmas tree.



Frank Pinter accepting \$250 scholarship from Br. W033 at the Christmas party.



Ramona Ryant, grandmother of Jennifer Hutzel, accepting the \$250 scholarship on her behalf.



FCSLA junior members working on crafts for Christmas during the meeting.

Fraternally Yours — Unites the Young and The Young at Heart

Each month Fort Lauderdale resident Mae Yeckel (97) patiently waits for Earl the mailman to deliver the *JEDNOTA — Fraternally Yours*. To her delight the Holy Communion photo of Alia Stanger (9) of Deerfield Beach, FL caught Mae's eye. Clipping the article, she wrote a congratulatory note. Locating the mailing address proved a challenge; but, with determination and the help of others, Mae found the address. Pleasantly surprised, Alia and her father, James Stanger Jr., RN, were touched by her heartwarming gesture and made a surprise visit to thank Mae personally. Mae looks forward to visiting as part of Alia's Community Service Project at St. Mark's School and growing their friendship.

On Easter Sunday, March 23, 1913, Mae B. Petrasek was born to the late Elizabeth and Andrew Petrasek on Reno Avenue in Cleveland, OH. She attended Nativity Blessed Virgin Mary where she made her First Communion in 1919. Mae attended school until the 8th grade when she stayed at home with her mother to care for the family.

Employed by General Electric for 12 years in the Cleveland Lamp Department (1933-45), Mae is proud to say that she "was responsible for packing 320 lamps an hour in production, wore white gloves and was paid 10-cents an hour". Mae married Raymond C. Yeckel in the church rectory on Dunlap Avenue on May 17, 1941 and the couple moved to Fort Lauderdale in 1954.

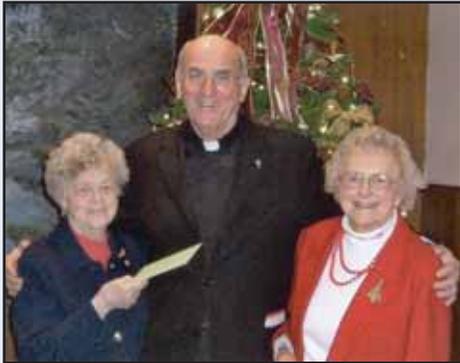
Mrs. Yeckel is the second oldest member of Lodge 522 and Miss Stanger is a member of Jr. Branch 157 where her grandmother Karen Lewitsky of Monessen, PA resides. The *JEDNOTA* has brought several people into Mae's life — like Floridian Deborah Kerr and her daughter Nicole D. Bolster of Los Angeles (Lodge 230), a 2001 recipient of The Theresa Sajan Scholarship, along with her great-aunts Jean Strohl (Lodge 230) of Catasauqua, PA and Delores Neupauer (Lodge 484) of Whitehall, PA.



Mae B. Petrasek on her Holy Communion Day at Nativity Blessed Virgin Mary Church in Cleveland, Ohio in May 1921.

Senior Branch 81 Celebrates the Holiday Season

On Wednesday, December 9, 2009, members of Sr. Branch 81 in Whiting, IN gathered together for a Christmas luncheon. The event was held in the Mural Room of St. John the Baptist School and was attended by about 60 members. Branch President Florence Hovanec started the festivities



Rev. John Kalicky with Margaret Abildua (Treasurer) and Florence Hovanec (President of Branch 81 and 58).

with a Christmas poem. Father John Kalicky offered a prayer before the meal, followed by a delicious menu featuring roast pork with all the trimmings, in addition to cakes and ice cream for dessert.

In the spirit of Christmas all members were

asked to bring a gift of non-perishable food. Monetary donations were also welcomed. Everyone was very generous and all the donations were taken to the Whiting Food Pantry. Thank you to all members who donated.

A special presentation was made to St. John the Baptist Church. A check for \$25,000 from FCCLA Whiting Sr. Branch 81 was accepted by the pastor, Father John Kalicky. He was also presented with a check for \$1,000 from FCCLA Whiting Jr. Branch 58. Father Kalicky stated that donations were down this year and the expenses up, and our gifts are deeply appreciated and needed.



Rev. John Kalicky with Jr. Branch 58 Officers: Marjorie Strbjak (Auditor), Ann Okerstrom (Finance Secretary), and Becky Coleman (Treasurer).

Geraldine Tumidalsky made beautiful centerpieces as prizes for each table. Door prizes donated by the branch officers and poinsettias were also included in a raffle. As a special treat, the St. John School Choir directed by Mrs. Roxy Smallwood performed some of their favorite Christmas carols. As a finale they sang "The Hallelujah Chorus," which was absolutely phenomenal. Our thanks to everyone who worked so hard to make it a memorable afternoon. All members left with the Christmas spirit in their hearts.



Rev. John Kalicky with Sr. Branch 81 Officers: Annette Markovich (Auditor), Dorothy Hoover (Auditor), Geraldine Tumidalsky (Financial Secretary), Margaret Abildua (Treasurer), Florence Hovanec (President), and Donnie Sabol (Secretary).



Rev. Leon Flaherty, Rev. Gary Scherer with Mr. and Mrs. Okerstrom.



The St. John School Choir.



Celebrates 80th Birthday

Pauline Kolar of St. George, Utah recently celebrated her 80 birthday. She is a member of Branch 225 of Illinois.

Magdalen I. Iskra District Volunteers at Children's Party

The Magdalen I. Iskra District volunteered at the Wyoming Valley Children's Association's (WVCA) Annual Holiday Party for 62 children and their families at Holy Family Parish Hall in Luzerne. The party was sponsored by the Fraternal Societies of Northeast Pennsylvania (FSNEPA), along with other local agencies. The annual event included a dinner, a visit from "Champ" the Scranton/Wilkes-Barre Yankees Mascot, a magic show, and gifts from Santa Claus. A donation was also presented to the WVCA by Sr. Branch 172 of which Magdalen I. Iskra is President.



In the photo with the Mascot "Champ" are preschool students of the WVCA and FCSLA district officers: 1st row (L-R:) Bernardine Kalna; 2nd row: Irene Kalinowski and Anna Dougher, standing: Magdalen I. Iskra and Martha Iskra.



Presenting a donation to the Wyoming Valley Children's Association by the FSNEPA are L-R: 1st row, preschool students of the WVCA, 2nd row: Anna Dougher, Magdalen I. Iskra, Sharon Harry, Executive Director of WVCA; Mary Jo Savidge, president of the FSNEPA; Bernadine Kalna, Irene Kalinowski, and Martha Iskra; 3rd row: Victoria Barrett of the Ladies Pennsylvania Slovak Catholic Union.

Annual Christmas Party and Meeting Held

Members of St. Catherine Society Branch 111 in Charleroi, PA gathered December 6, 2009, at the Charleroi Elks for the annual Christmas party and meeting. They were welcomed by Grace Popson, Branch Secretary Treasurer. Following grace before the meal, a delicious full course dinner was served.

Following dinner, Grace Popson reported on FCSLA activities and benefits and also gave a branch financial report. Donations approved by the members were given to religious orders, religious schools, the church and "Coats for Kids."

Each member received a box of candy and a monetary gift from the branch and a shopping bag from the FCSLA. Door prizes were also awarded.

The members enjoyed socializing and enjoying the fraternal holiday spirit. The party was adjourned with prayers for living and deceased members. Wishes for a blessed Christmas and New Year were offered by all. The members thanked the branch for a delightful holiday party. The members of Jr. Branch 170 were also remembered with a monetary Christmas gift.



Awarded American Field Service Scholarships

CAROLYN (KUCER) EPMEIER of Joliet, IL (Branch 53) was awarded two scholarships by AFS (American Field Service) to study in Japan. Carolyn is a sophomore at Whitney Young Magnet High School Chicago, IL. Carolyn is the niece of Mary and Francis Luzbetak.

Carolyn had three great uncles that were in the service in Japan during World War II — Joseph (Navy), Edward (Navy), and Albert Chernek (Army). Albert Chernek was killed at Pelelu Island September 14, 1944, and was awarded the Purple Heart.

A YEAR IN REVIEW — BRANCH W093 OF TABOR, SOUTH DAKOTA

Branch Activities for 2009



April 19, 2009 — Easter Party



August 2, 2009 — Annual Picnic



June 19, 2009 — Annual Czech Days. The FCSLA Float won second place in their division in the parade.



October 25, 2009 — Halloween Party

December 6 — Christmas Party

The Christmas party was held on December 6. Approximately 55 members attended the party which included a cookie exchange, bingo, and a visit from St. Nicholas. Fifty-year members of the branch were honored as follows: Karen Frangenberg, William Dwyer, Christine Firkins, Barbara Hartline, Ann Merfield, and Nancy Snell. Karen Frangenberg was present to accept her award.



President Gary Sestak with 50-year member Karen Frangenberg.

January 10, 2010 — Annual Scholarship Brunch

The annual brunch was postponed from December 27, 2009 due to a blizzard. Honored at the brunch was Paul Hunhoff, son of Dan and Jean Hunhoff as the 2009 Branch scholarship winner. He is a freshman at South Dakota State University. Unable to attend was Blaine Lammers, son of David and Lori Lammers. He is our national (grade school) recipient. He attends Holy Trinity Elementary in Hartington, NE. Also honored was our 2009 Fraternalist of the Year, Stanley Varilek. Stan is a lifelong member of Branch W093 and is an active volunteer in the Tabor community.



2009 Fraternalist of the Year Stanley Varilek with President Gary Sestak.



Local scholarship winner Paul Hunhoff with President Gary Sestak.



Students Awarded FCSLA Scholarships

SR. BRANCH 177/JR. BRANCH 115

Scholarship winners from Sr. Branch 177 and Jr. Branch 115 from Clairton, PA were honored at the 105th Anniversary Luncheon at the Georgetown in Pleasant Hills, PA. Lori Ann Caldwell of Clairton, PA is a senior scholarship winner and is a senior at the University of Pittsburgh at Greensburg. Jeffrey S. Holzer of Hollidaysburg, PA is a junior branch scholarship winner and is a junior at Bishop Guilfoyle Catholic High School. Haley D. Brink of Clairton, PA is a junior branch scholarship winner and is a sophomore at Serra Catholic High School. The branch officers presented a monetary gift to the scholarship winners.



Haley Brink, scholarship winner, Gerald M. LaFrankie, Sr. Branch President, Amy Thomas, Sr. Vice President, Lori Ann Caldwell, scholarship winner, Jeffrey S. Holzer, scholarship winner, Beth M. Konick, Jr. Treasurer and Heather Stover, Jr. President.



Scholarship winners, family members and officers of Jr. Branch 115 and Sr. Branch 177, Clairton, PA.

FCSLA Annuities

From January 1 through March 31, 2010,
FCSLA annuities with a
guaranteed minimum rate of
4.50%
will earn a yield of 4.6025%,
while FCSLA annuities with a
guaranteed minimum rate of
3.50%
will earn a yield of 4.0%.

For more information call 800-464-4642

Attends Polka Mass in Allentown, PA



John and Monica Anthony, Branch 319, Allentown, PA with the Most Reverend Bishop John O. Barres, S.T.D., J.C.L., D.D. (center) of Allentown.

The Bishop graciously accepted an invitation to attend a Polka Mass at St. John the Baptist Church in Allentown on November 7, 2009. He even stayed on to enjoy the pork and sauerkraut dinner following Mass. There was great Slovak music and dancing as well as wonderful Slovak baked goods.

Attends Christmas Party



Sister Antonia Klausner (right) with Cook County Treasure Maria Pappas in front of the Slovak Christmas Tree. Sister Antonia is a member of Branch 180.



Sister Antonia Klausner with two of the musicians at the 2009 Christmas Party.



IN MEMORIAM

ANNA (FIGURA) MIZGERD Branch 484



Anna (Figura) Mizgerd passed away January 13, 2010. She was born on April 26, 1915 in Yonkers, New York. She was raised in Ormrod, PA, where she married Anthony Joseph Mizgerd on September 4, 1937.

Anna spent most of her adult life in Takoma Park, MD. Before she was married, she ran three Jacquard looms in Ormrod, PA. She will be remembered for her excellent cooking and for the detailed stories that she told of her life in Pennsylvania and of her mother's life in Slovakia. She loved to read the newspaper and the *Zenska Jednota* magazine.

She is survived by her daughters Lucyanne Hurley and Dorothy Herda and her son James Mizgerd and her sisters Helen Marcovicci, Mary Walker, and Elaine Petock and her brother Andrew Figura. She is also survived by seven grandchildren and five great-grandchildren.

Her funeral service was held at St. Andrew's Church in N. Catasauqua, PA.

JOSEPH A. ZAK Branch 172

Joseph A. Zak, 93, of Wilkes-Barre, PA, passed into Eternal Life on July 27, 2009, at Tiffany Court located in Kingston, PA where he resided for the past three years.

Born on November 11, 1915 in Wilkes-Barre, he was a son of the late Albine and Anna (Perednuite) Zak.

Upon his graduation from the James M. Coughlin High School, he worked at the Dorrance Colliery, Orange Dairy, Woodlawn Dairy, and was elected secretary/treasurer of the Teamsters Local Union 869 Milk and Ice Cream Drivers.

Joseph was a fourth degree Knight

of Columbus, Bishop William J. Hafey Assembly, and held membership in Council 302 of Wilkes-Barre. He served as a committeeman for over 30 years in the First Ward, Second District of Wilkes-Barre.

He held elected offices as vice president and assistant general secretary in the Polish Union of the USA, as well as secretary of Group 175 for more than 60 years.

Joseph was preceded in death by his beloved wife, the former Anna Koval who served on the FCSLA Court of Appeals; brother, Thomas Zak, and sisters: Anna Vesek, Florence Buczinski and Nellie Wivell.

Surviving are his son, Joseph (Irene); grandchildren, Jerome; Donna (David) Lewis; Elizabeth (Edward) Ciprich; great-grandchildren, Brittany Zak, Edward and Nicole Ciprich, and Zachary Lewis; and several nieces and nephews.

Funeral services were conducted from the John V. Morris Funeral Home in Wilkes-Barre.

ROSE V. (HORNIK) MATTHEWS Branch 445

Mrs. Rose V. (Hornik) Matthews, 88, passed away January 19, 2010 at Sanctuary at McAuley. She was born August 11, 1921, in Muskegon to Jerolin and Anna (Bagcar) Hornik and lived in the area her entire life. She married Wesley Matthews in 1964 and he preceded her in death in 1986. Prior to retirement in 1974, she worked as an assembly line worker for Muskegon Piston Ring. She was a member of Sacred Heart Catholic Church.

Survivors include five step-children, Joyce Weersing of Muskegon, Ellen (William) Johnson of Muskegon, Pat (Frank) Swain of Brain Bridge, GA, Marvella Freres of Norton Shores, and Bernard "Butch" (Connie) Matthews of Port St. Lucia, FL; and many grandchildren, great-grandchildren, nieces and nephews.

She was also preceded in death by her parents, and five brothers: John, Steve, Joseph, Charles and twin brother Gerald Hornik; two step-sons, Robert Matthews and Gene Matthews.

Memorial contributions were directed to Sacred Heart Catholic Church Memorial Fund.

JOSEPH R. HRUBES Branch WO51

Joseph R. Hrubes, 88, of Britt, passed away December 14, 2009, at Westview Care Center in Britt.

Joseph Hrubes was born August 15, 1921, to Jilji and Rose (Hejlik) Hrubes on the family farm south of Duncan. He was the ninth of eleven children, and helped on the family farm while attending country school. Joe grew up in a household of music and farm chores.

Joe entered the Army, and served in the Philippines in World War Two. After his discharge; he began farming south of Duncan. On January 28, 1948 he married Leona (Pavelka) at St. Wenceslaus Church in Duncan. Joe started playing bass horn (tuba) with the Ray's Accordion Band in the early 1950's; and then played with the Jolly Fishermen-Malek's Fishermen Band until he retired from the tuba after 42 years.

Joe's life centered on his family, farming, and music. Joe was a member of the Catholic Workmen, American Legion, Federation of Musicians Union, and served on the Board of Directors at Britt Farmer's Coop.

Joe is survived by his wife Leona; children: Tom of Mason City, Dennis (Brenda) of Britt, Dale of Nevada, Ron (Deb) of Britt; brother, Clarence (Joan); sister, Mary Trca; sister-in-law, Margaret Hrubes; grandchildren: Brandon, Ryan, Andrea, Nathan; step-grandchildren: Rick, Kristine, David and spouses and children, many nieces and nephews.

He was preceded in death by his parents; children: Mark, Phillip, and Jeanette; plus three brothers and five sisters, and numerous relatives.

In lieu of flowers memorial contributions were made to the Britt Food Bank.

LILLIAN M. (AXLER) KUCERA **Branch W130**



Lillian M. (Axler) Kucera, 84, formerly of Tama, IA died June 17, 2009 at the Union Printers Home in Colorado Springs, CO. Mass of Christian Burial was held on June 25 at St.

Wenceslaus Catholic Church, Clutier, IA with burial in the church cemetery.

She was born May 18, 1915 in rural Traer, the daughter of Vinc and Julia Salasek Axler. She graduated from Traer High School in 1933 and taught rural schools for four years.

On September 20, 1937 she married Emil L. Podhajsky at St. Wenceslaus, Clutier, IA and they farmed together until January 1963 when he was killed in an auto accident. She married Anthony Kucera on Dec. 28, 1965 at St. Wenceslaus.

Lillian was a member of the St. Vaclav parish and rosary society. After moving to Tama, she was a member of St. Patrick Catholic Church. She was a member of the Carroll and Tama-Toledo Homemakers, Farm Bureau and a member of the FCSLA for over 70 years. She enjoyed baking, sewing quilts, canning, gardening and most of all visiting her children.

Preceding her in death were her parents, her two husbands, Emil and Anthony; a sister, Hattie Hanousek and brother Elmer Axler and a step-daughter, Marjorie Upah.

Left to cherish her memory include her children: Marcella (Bill) Pults of Colorado Springs and Loren (Cathy) Podhajsky of Olathe, KS, three sisters Ida Kosnar and Julia Kubik of Traer and Martha Kubik of Cedar Rapids, five grandchildren and three great-grandchildren.

JOSEPH F. DUPRE **Branch 172**

Joseph F. Dupre, 81, of Wilkes-Barre, PA, passed into Eternal Life on October 12, 2009, surrounded by his family at the Little Flower Manor in Wilkes-Barre. Born February 9, 1928, in Scranton, PA he was the son of the late Joseph W. and Catherine (Burke) Dupre.



Joe was educated in the Scranton schools. He served with the Army during the Korean War as a chief electrician in the 336th Engineer Utilities Detachment, awarded the Commendation Ribbon with Medal Pendant.

Until his retirement, Joe was employed as a customer engineer by IBM Corporation for 34 years. He was a former adult acolyte and Eucharistic Minister for Sacred Heart-St. John-St. Stanislaus Parish and member of the Holy Name Society and Social Concerns Committee. He was also a member of the Knights of Columbus, Wilkes-Barre Council No. 302.

Joe and his wife, the former Rosemary A. Mulraney, celebrated their 53rd wedding anniversary on June 2, 2009.

Joe was preceded in death by a son, Joseph E. Dupre, on September 20, 1987. Surviving in addition to his wife, Rosemary, are sons, Robert Dupre and his fiancée, Tracy Seeley; Edward

Dupre and his wife, Sandra; grandchildren, Michael and Gia Dupre; his twin brother, John Dupre; sister Helen Collins; and several nieces and nephews.

Funeral services were conducted from the John V. Morris Funeral Home in Wilkes-Barre.

SISTER MARY **VICTORINE DELEY** **Branch 542**

Sister Mary Victorine Deley ended her earthly life of 90 years on January 14, 2010. At the time of her death, Sister was a member of the Sisters of Charity of Nazareth, Nazareth, KY.

In 1934, Sister entered the Vincentian Sisters of Charity from St. Michael Parish, Braddock, PA and served God and the Church for 76 years.

Sister received her Bachelor of Science Degree in Education from Duquesne University and her Masters Degree from Canisius College. During her years of ministry, Sister Mary Victorine taught in both elementary and secondary schools in the Dioceses of Pittsburgh, PA, Youngstown, OH, and Greensburg, PA. Sister served for 43 years in Canada as teacher, principal, and parish minister.

Sister is survived by two sisters: Sister Agnes Deley, SCN and Ann Deley; and two brothers: John and Joseph Deley and her Sisters in Community.

Memorials were made to SCN Missions, PO Box 9, Nazareth, KY 40048.



SLOVENSKÁ LIGA OZNAMUJE

Zasadnutie Výkonného výboru

Výkonný výbor Slovenskej ligy mal zasadnutie v sobotu 12. decembru 2009 v New Yorku. Rokoval o bežných administratívnych otázkach a prijal odporúčanie, aby v lete 2010 bolo publikované ďalšie číslo SLOVAKIE, ktorú už vyše dvoch desaťročí rediguje prof. Mark M. Stolárik. Výkonný výbor tiež rozhodol, že v roku 2010 bude pokračovať v štipendijnom programe na školský rok 2010/2011. Podmienky budú uverejnené v americkoslovenskej tlači. Na programe agendy bola aj otázka miesta a času budúceho kongresu Slovenskej ligy. Odporúčané boli mestá Pittsburgh, Pa. a Bridgeport Conn. a čas konania jeseň 2010 alebo jar 2011. Dátum konania kongresu je potrebné koordinovať s už programovanými konvenciami členských fraternalistických organizácií. Definitívne rozhodnutie sa urobí na nasledujúcej schôdzke Výkonného výboru.

Ďakujeme darcom

Slovenská liga vyslovuje poďakovanie doživotnému členovi Slovenskej ligy Metodovi Balcovi, ktorý daroval na štipendijný fond Slovenskej ligy \$3.000.00 na pamiatku svojej zosnulej manželky Dr. Márie Balcovej. M. Balco bol aktívny v Slovenskej lige v 50. a 60. rokoch a bol spoluzakladateľom Fondu pre slovenských utečencov v roku 1968 v rámci Slovenskej ligy.

Ďalej zaznamenávam s vďakou, že teraz už zosnulá oddaná Americká Slovenka Júlia Demková nechala vo svojom testamente obnos \$4.500.00 pre potreby Slovenskej ligy. Ako sme už oznámili, Júlia Demková darovala už pred dvoma rokmi \$4.500.00 na štipendijný fond Slovenskej ligy. Obom darcom vrelo ďakujeme.

120. výročie Slováka v Amerike

V decembri 2009 sa časopis Slováka v Amerike dožil 120. výročia svojho vychádzania. Je to nielen vzácne jubileum v celoslovenskej žurnalistike, ale aj veľký úspech tohto periodika, ktoré je teraz najstarším existujúcim slovenským časopisom v Amerike. Od založenia Slovenskej ligy tento časopis bol jej stálym podporovateľom a propagátorom jej cieľov a programu.

Slováku v Amerike želáme dobrú budúcnosť a odporúčame slovenskej verejnosti a hlavne členom Slovenskej ligy, aby si Slováka v Amerike predplácali. Ročné predplatné je \$45.00. Adresa redakcie a administrácie: Slováka v Amerike, 225 N. Wood Ave, Linden, N.J. 07036. Tel. 1 908 486-2222, Fax: 1 908 486-8020, e-mail: office@slovakvamerike.com

Spoluprácu Slováka v Amerike a Slovenskej ligy potvrdzuje aj okolnosť, že mnohí čitatelia SvA posielajú členské príspevky a dary pre Slovenskú ligu spolu s predplatným na Slováka v Amerike. Začiatkom januára 2010 vydavateľ SvA Milan Čuba odovzdal tajomníčke Slovenskej ligy obnos \$279.50, ktorý pre Slovenskú ligu poslali predplatitelia Slováka v Amerike. Darcom a vydavateľom SvA ďakujeme.

Členské poplatky

Členský poplatok do Slovenskej ligy pre jednotlivcov je \$10.00 ročne, alebo \$200.00 za doživotné členské. Doživotní členovia majú na kongresoch SLvA plné práva delegátov. Členský poplatok za spolky je \$25.00 rone. Členské poplatky, ako aj dary na štipendijný fond a iná korešpondencia majú byť posielané na adresu SLvA: Slovak League of America, 205 Madison Street, Passaic, N.J. 07055.

So slovenským pozdravom

Daniel F. Tanzone

predseda

W. Nina Hola

tajomníčka - pokladníčka

Zázračný Rybolov

Bohuslav Zeman SSP

(Please enjoy the English translation of this Slovak fable below)

Čítam

Lk 5, 1-11

Keď raz Ježiš stál pri Genezaretskom jazere, tlačil sa naňho zástup ľudí, lebo chceli počuť Božie slovo. Ježiš sa rozhladol a zbadal pri brehu dve lode. Rybári z nich vystúpili a prali si siete. Vtedy nastúpil na jednu z lodí, ktorá patrila Šimonovi, a poprosil ho:

– Odraz trochu od brehu.

Potom si Ježiš sadol a z loďky učil zástupy. Keď prestal hovoriť, povedal Šimonovi:

– Zatiahni na hĺbinu a tam spustite siete na lov!

– Učiteľ – odpovedal mu Šimon – celú noc sme pracovali a namáhali sa a nič sme nechytali. Ale na tvoje slovo spustím siete.

Len čo to urobili, chytili tak veľa rýb, až sa im siete trhali. Preto dali znamenie spoločníkom, ktorí boli na druhej lodi, aby im prišli pomôcť. Oni prišli, spoločne naplnili obidve loďky tak, že sa potápali.

Všetkých, čo tam boli, sa zmocnila hrôza nad úlovkom rýb, ktoré chytili. A Šimon Peter padol Ježišovi k nohám a prosil:

– Pane, odíď odo mňa, lebo som hriešny človek.

– Neboj sa – odpovedal Ježiš – odtiaľ budeš loviť už ľudí.

Potom rybári pritiahli lode k brehu, opustili všetko a išli za Pánom Ježišom.

Abundant Catch of Fish

I Read

Luke 5:1-11

Once, Jesus was standing beside Lake Gennesaret and the crowd was pressing in on Him to hear the word of God. He looked around and saw two boats at the shore of the lake. The fishermen had got out and were washing their nets.

Then He got into one of the boats — the one belonging to Simon Peter — and asked him, 'Please, take the boat a little way from the shore.'

Then He sat down in the boat and taught the crowds from there. When He had finished speaking, He said to Simon Peter, 'Go out into the deep water and let down your nets for a catch there.'

'Master,' Simon Peter replied, 'We have worked all night long and we have caught nothing. Yet, if You say so, I will let down the nets.'

When they had done this, they caught so many fish that their nets were beginning to break. So they signaled to their companions from the other boat to come and help them. And when they came close they filled the boats with so much fish that they were on the verge of sinking. Those who were present there were astounded at such a great catch.

When Simon Peter saw it, he fell down at Jesus' knee and said, 'Go away from me, Lord, for I am a sinful man!'

'Do not be afraid,' Jesus answered, 'From now on you will be catching people.'

Then they brought their boats to the shore, left everything and followed Him.

SLOVAK WORDS AND ENGLISH TRANSLATIONS

Breakfast:

I'll have . . .
 some fruit juice
 a boiled egg
 a fried egg

 bacon
 ham
 toast
 a pot of tea
 a cup of tea
 coffee
 hot chocolate
 more butter
 hot water
 bread
 milk
 coffee with milk
 cheese
 oatmeal
 fruit
 cottage cheese
 fruit cut into chunks (boiled)
 yogurt
 cold (food)
 grits
 oatmeal
 a little bit

Raňajky:

Prosím si . . .
 ovocná šťava/džús
 varené vajce
 pražené vajce/praženica/
 škvarenina
 slanina
 šunka
 opekaný chlieb/hrianka
 hrniec čaju
 šálka čaju
 káva
 teplá čokoláda
 viac masla
 horúca voda
 chlieb
 mlieko
 biela káva
 syr
 kaša
 ovocie
 tvaroh
 kompót
 jogurt
 studené
 krupica
 kaša
 tlohu

Appetizers:

I'd like some . . .
 assorted appetizers
 orange juice
 ham
 melon
 paté
 smoked salmon
 shrimp

Soup:

beef bouillon
 chicken soup
 vegetable/potato soup
 onion soup

Fish:

I'd like some . . .
 fish
 trout
 lobster
 crayfish
 I'd like it . . .
 steamed
 grilled
 boiled
 baked
 fried

Meat-Poultry:

I'd like some . . .
 beef
 roast beef
 veal cutlet
 mutton
 lamb
 pork chop
 roast pork
 hare/rabbit
 chicken
 roast chicken
 duck
 turkey
 stuffed chicken
 How do you like your meat?
 rare
 medium
 well done
 hot dogs
 sausage/with kraut
 sandwich
 ham
 gravy
 salami
 mince meat

Predjedlá:

Chcel by som . . .
 rôzne predjedlá
 pomarančová šťava
 šunka
 melón
 paštéta
 udený losos
 kreveta

Polievka:

hovädzí vývar
 slepačia polievka
 zeleninová/zemiaková polievka
 cibuľová polievka

Ryba:

Chcel by som . . .
 ryba
 pstruh
 morský rak
 krab
 Mám ich rada . . .
 na pare
 opekané na ražni
 uvarené/varené
 upečené
 vysmažené

Dining Out:

Where is a good
 Slovak restaurant?
 I'd like a table for
 two, please.
 Do you have a fixed
 price menu?
 May I see the ala
 carte menu?
 May we have
 . . . an ashtray, please
 . . . bread
 . . . a fork
 . . . a knife
 . . . a spoon
 . . . a plate
 . . . a glass
 . . . a napkin
 . . . another chair
 . . . salt/pepper
 I feel like . . .
 lunch
 dinner
 Where's the gentlemen's
 toilet?
 Where's the ladies' toilet?

Nevečeriame doma:

Kde je dobrá
 slovenská reštaurácia?
 Chcel by som stôl
 pre dvoch.
 Máte upravený
 /cenový jedálny lístok?
 Môžem vidieť ala
 carte?
 Môžete nám dať/doniest
 . . . popolník, prosím
 . . . chlieb
 . . . vidlička
 . . . nôž
 . . . lyžica
 . . . tanier
 . . . pohár
 . . . servítka
 . . . druhá stolička
 . . . soľ/korenie
 Mám chuť na . . .
 obed
 večera
 Kde je pánsky záchod?
 Kde je dámsky záchod?

Mäso-Hydina:

Chcel by som . . .
 hovädzie mäso/hovädzina
 pečená hovädzina
 teľací rezeň
 baranie mäso/baranina
 jahňacina
 bravčová kotleta
 pečená bravčovina
 zajačina
 kuracina
 pečená sliedka
 kačacina
 morčacina
 plnená sliedka
 Ako chcete mať pripravené mäso?
 málo upečené
 stredne upečené
 dobre upečené
 párky
 klobásy/s kapustou
 obložený chlieb
 šunka
 omáčka
 saláma
 fašírka

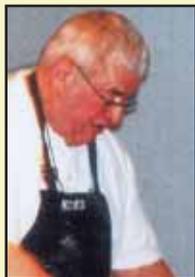
“COOKING CLASS” DEMONSTRATION OF SLOVAK RECIPES

It was like being in the audience of your favorite Television Cooking Show . . . in reality, it was a recent “Cooking Class” of the Slovak Heritage Society of Northeastern Pennsylvania.

Three Slovak Recipes . . . three talented Slovak cooks . . . an audience of very interested participants, all eager to see the Slovak specialties demonstrated . . . and then served for their tasting pleasure.



Anna Hendershot (Branch 172) from Wilkes-Barre, gave a light-hearted presentation of chopping mushrooms to a consistency embellished with eggs, butter, milk, and flour to create “Fritters” (*Houbaove Zakusky*)...looking more like small potato pancakes, to the surprise of all. The “Fritters” were ever so tasty with a visual appeal to return for more (and more), even to those who weren’t sure they liked mushrooms.



Michael Stretanski from Kingston, like a true television chef, took those in attendance, through a slow, homemade approach in preparing all ingredients to his European Style Paprikas (*Uhersky Paprikas*). Everyone enjoyed his comments during each step of preparation, both factual notes and aromatic fragrances from start to the finished dish.

Andrew Sofranko (Branch 44) from Hanover Township, prepared his “Fruited Cake” (*Ovocny Kolac*) recipe which brought forth created steps of interest, taking a relatively easy cake recipe, adding fruit of one’s personal choice (strategically placed) prior to baking and adding a sweet touch of sprinkled powdered sugar prior to serving guests.



After the cooking/baking demonstrations, the three Slovak dishes were enjoyed by 34 participants in attendance . . . each expressing great satisfaction and eager to try the recipes at home.

The atmosphere throughout the cooking demonstrations transported the audience to memories of mom’s kitchen-time lovingly spent providing Slovak recipe secrets we now treasure as adults. These memories were shared during the “feasting-time” by all enjoying the Slovak recipes demonstrated.

Everyone received copies of the recipes and a dozen persons also were lucky recipients of Slovak Art Treasurers in a special raffle held at the affair. Chairperson of the Slovak Heritage Society of Northeastern Pennsylvania is Philip R. Tuhy (Branch 350), Wilkes-Barre. The group’s website is: www.shsnepa.org.



MUSHROOM FRITTERS

Houbaove Zakusky

½ pound mushrooms, chopped
1 Tbs. butter or margarine
2 eggs, separated
¾ cup milk
1 cup flour
1 tsp. baking powder
½ tsp. salt
Pinch of paprika
Frying oil

Saute the mushrooms lightly in butter. In separate bowl, beat the 2 egg yolks with milk and blend in flour, baking powder, salt, and paprika. Beat the batter until smooth and add mushrooms. Beat the egg whites until stiff and fold into the batter. Drop by spoonfuls into hot oil and fry on both sides until golden brown.

EUROPEAN-STYLE PAPRIKAS

Uhersky Paprikas

5 large onions, chopped
4 Tbs. shortening
2 pounds beef or pork,
cut in 1” cubes
2 Tbs. paprika
1 tsp. salt
1 tsp. pepper
2 cloves garlic, minced
¼ cup flour
1 cup tomato juice
4 potatoes, cubed



2 cups water
1 cup red wine
1 bay leaf

In a large skillet, saute the onions in the shortening until brown. Add meat and lightly brown. Add paprika, salt, pepper, garlic, and flour, stirring to coat evenly, and fry for 5 minutes. Add tomato juice, potatoes, water, wine, and bay leaf. Cover and let simmer until potatoes are done.



FRUITED CAKE

Ovocny Kolac

1 stick butter at room temperature
1¾ cups sugar
1½ cups flour
1 tsp. baking powder
1 tsp. vanilla
3 eggs
Fruit of your choice, sliced or halved,
depending on size (berries are good)

Cream the butter and the sugar. Add eggs one at a time and mix. Add the flour to which you have added the baking powder. Mix. Add vanilla. Finished product will be quite thick.

Put into a greased and floured pan. Place fruit on top and bake in a 350-degree oven until top is browned. Cool completely and sprinkle with powdered sugar just before serving.

~ HAVE A NEW ADDRESS? ~

If you belong to a household receiving two or more magazines or if you have recently moved and have a new address, you can alleviate both situations simply by using the form on page 24 and mailing to the home office address. We ask that one magazine per household be sufficient.

FCSLA EXECUTIVE FINANCE COMMITTEE MEETING

4TH QUARTERLY MEETING — DECEMBER 9, 2009

0100.00 Call to Order/Prayer

President Mary Ann S. Johaneck called the meeting to order at 9:40 a.m. at the Home Office, Beachwood, OH. The meeting was opened with prayer by Msgr. Peter M. Polando.

0200.00 Opening Business

0200.01 Roll Call

Secretary Irene J. Drotleff was asked to call the roll. Members present were:

Msgr. Peter M. Polando	Chaplain
Mary Ann S. Johaneck	President
Rosemary A. Mlinarich	Vice President
Irene J. Drotleff	Secretary
John M. Janovec	Treasurer
Cynthia M. Maleski	Trustee
Virginia A. Holmes	Trustee

0200.02 Approval of Agenda

Virginia A. Holmes moved and it was seconded to approve the agenda as presented.

MOTION ADOPTED

0200.03 Approval of Minutes of 9/8/09

Rosemary A. Mlinarich moved and it was seconded to approve the minutes of 9/8/09 as presented.

MOTION ADOPTED

0300.00 Treasurer's Report

Treasurer John M. Janovec gave a detailed financial review of the Balance Sheet and the Income Statement through the third quarter of 2009. Supplement #1

0300.01 Investments

Members of the Executive Finance Committee reviewed the investment purchases made through December 2009. Supplement #2

0400.00 President's Comment

0400.01 Minnesota Property

President Johaneck notified the Executive Finance Committee members that the Minnesota property was sold for \$1,150,000, and the furniture was sold for an additional \$5,000.

0400.02 ProLife March

The FCSLA reserved two buses for the ProLife march on January 21-22, 2010. This is a partial shared expense with the First Catholic Slovak Union. With the cooperation of area high schools, FCSLA members, the FCSU, and Baldwin Wallace University ProLife Group, we may be able to fill two buses.

0500.00 New / Old Business

0500.01 Annual Annuity Yield – January 1, 2010 through March 31, 2010

Virginia A. Holmes moved and it was seconded to recommend to the Board of Directors that the annuity annual yield remain at 4.6025% effective January 1, 2010 through March 31, 2010.

MOTION ADOPTED

0500.02 Donations

Cynthia M. Maleski moved and it was seconded to recommend to the Board of Directors the donations as listed. Supplement #3

MOTION ADOPTED

0600.00 Meeting Dates

0600.01 March 25, 2010 – Home Office, Beachwood, OH

0600.02 June 6, 2010 – Reading, PA

0700.00 Adjourn

Virginia A. Holmes moved and it was seconded to adjourn the meeting. Meeting adjourned.

ATTEST:

Mary Ann S. Johaneck, President

Irene J. Drotleff, Secretary

Msgr. Peter M. Polando, Chaplain

John M. Janovec, Treasurer

Rosemary Mlinarich, Vice President

Cynthia Maleski, Trustee

Virginia A. Holmes, Trustee

Submitting News Items to *Fraternally Yours*

The following suggestions are intended to keep *Fraternally Yours* an informative, attractive organ of our Association. Cooperation from our readers is most important in order to avoid delays and have a smooth-running operation.

1. Branch and District activities, members' accomplishments, special announcements, financial reports, Slovak cultural items and the general status and function of the FCSLA fill the pages of *Fraternally Yours*.
2. Events and accomplishments should be sent to the editor as soon as possible after the occurrence; announcements, at least 2 months in advance.
3. **Pictures should be colored, CLEAR and glossy finish, if possible. Polaroids and pictures from newspapers will not be used since both reproduce very poorly. Digital photos are acceptable at their highest setting on disk (J-PEG format) or contact editor for e-mail address. An effort is made to return all pictures. For this reason a self-addressed, stamped**

envelope is much appreciated, but not absolutely necessary. For major branch and district events, please limit the number of photos to 3.

4. Please include branch number with all articles. We also ask that news items be submitted only of FCSLA members. If said honoree is worthy of being in our publication, he or she should be worthy of being an FCSLA member.
5. The 20th of the month, 1½ months prior to the month of issue is the deadline for submitting material. There will be no exceptions. However, depending on available space each month, the final decision lies with the editor.
6. Editorial staff is not responsible for errors in the spelling of names, etc. if said article is not typed or legibly printed.

Send all material to the editor, Carolyn Bazik
P.O. Box 1617, Reading, PA 19603

SCF Seeks Contributors for 'Good Shepherd' Annual

Dobry Pastier (The Good Shepherd), edited by Sister Bernadette Marie Ondus, SS.C.M., and published annually by the Slovak Catholic Federation, compiles articles focusing on topics which are of interest to Slovak-American Catholics. The Federation is currently accepting articles for inclusion in the 2010 edition. Articles solely political in nature will not be accepted.

The deadline for all articles is May 1, 2010. The annual will be available for distribution in the Fall.

The following guidelines are established for authors who would like their work to be considered for inclusion in the annual:

GENERAL INFORMATION

- All articles must be type-written, double-spaced in Microsoft WORD format in 12 point, Times New Roman font.
- It is strongly preferred that English articles be e-mailed to Sister Bernadette Marie Ondus, SS.C.M, Editor, at: bernsscm@yahoo.com. It is faster and more cost effective to work from a text that is provided digitally instead of having to retype the entire article.
- If it is not possible for an article to be e-mailed, a "hard copy" may be mailed to Sister Bernadette Marie Ondus, SS.C.M., Villa Sacred Heart, Danville, PA 17821-1698.
- To be accepted for publication, articles must be between three and ten typewritten pages. Articles fewer than three pages or beyond ten pages will not be accepted.

USE OF PHOTOS

- If at all possible, kindly send photos to accompany articles. Photos must be included at the same time the article is sent to the Editor. If sending photos digitally, save as separate JPGs to accompany the article. Please indicate where photos are to be placed within the body of the article. Be sure to properly identify the persons, places and/or situations depicted in the photo(s). **If no indication is given as to where, within the article, the photos are to be inserted, photos will not be included in the article.**
- In the event that an article is e-mailed and photos are not included as attachments, the actual photographs, along with a hard copy of the article, must be mailed to Sister Bernadette Marie Ondus, SS.C.M. for inclusion in the article. (If more convenient, photos can also be saved to a CD which the printer can then link up with the article.) Once again, please be sure that the photos are properly identified and note where, within the article, the photos are to be inserted. Photos must always accompany the article for which they are intended.
- Captions must be included with the photos. This allows readers to better understand the relationship of the photo to the content of the article.

ARTICLES IN SLOVAK

- It is preferred that articles be written in English. Articles submitted in Slovak will be sent to a third party for editing. **Please note:** Articles submitted in Slovak are typeset by a person who does not read Slovak; therefore, it is imperative that the author include all appropriate accent marks, diacritical letters and other special characters. Correct punctuation is essential. Use commas and periods where necessary, not dashes. **ALL SLOVAK ARTICLES NEED TO BE CHECKED FOR CORRECTNESS BEFORE THEY REACH THE TYPESETTER.**
- Slovak articles can be e-mailed to Sister Bernadette Marie. A hard copy (including all accents) must also be mailed to her. (Please indicate that the article was both mailed and emailed.) Frequently, accent marks, diacritical characters and other special characters do not come through properly when articles are e-mailed. Having a hard copy of the article, appropriately marked, will save valuable time and resources.

As Editor, Sister Bernadette Marie retains the right to correct grammatical errors, delete repetitions, rearrange ideas to make them clearer, etc. Sister Bernadette Marie also retains the right to determine the appropriateness of articles for the publication. However, she will not substantially change the author's ideas without first consulting the author.

Our sincere thanks to all the faithful contributors to *The Good Shepherd*! Your contributions, year after year, ensure that the Slovak Catholic Federation is able to provide a quality annual which helps celebrate our Catholic faith, preserves our Slovak heritage, and allows our readers to stay in touch with what's happening in the Catholic Church, in Slovakia, and in the Slovak-American community.

We are looking forward to your contributions again this year.

Reverend Philip A. Altavilla, V.E., SCF National President

REPORT OF THE FCSLA NATIONAL TREASURER

BALANCE SHEET AS OF OCTOBER 31, 2009

ASSETS	
Cash and Short Term Investments	\$ 16,532,037.18
Bonds	535,865,494.98
Preferred Stock	8,266,125.87
Common Stock	690,119.91
Investment Income Due and Accrued	9,483,655.04
Promissory Notes	58,846.88
Property Plant and Equipment, Net	8,599,217.39
Certificate Loans & Accrued Interest	1,460,781.06
Other Assets	176,373.15
TOTAL ASSETS	\$ 581,132,651.46
LIABILITIES	
Life Reserves	\$ 167,101,833.08
Annuity Reserves	309,637,921.10
Death Claims Payable	612,550.83
Unearned Premiums	618,133.00
Matured Endowments	303,848.00
Provision for Dividends Payable	1,679,994.24
Accumulated Dividends and Interest	3,507,303.17
Accrued Convention Donations	200,001.00
Provision for Future Conventions	360,000.40
Asset Valuation Reserve	5,126,641.00
Interest Maintenance Reserve	1,445,391.00
Other Liabilities	1,771,403.63
Provision for Annuity Certain Accounts	2,078,000.00
TOTAL LIABILITIES	\$ 494,443,020.45
SURPLUS	
Surplus	\$ 86,689,631.01
TOTAL SURPLUS	\$ 86,689,631.01
TOTAL LIABILITIES AND SURPLUS	\$ 581,132,651.46

INCOME STATEMENT

For the Ten Months Ending October 31, 2009

REVENUE	
Insurance Premiums	\$ 7,209,506.41
Annuity Premiums	27,413,787.33
Investment Income	26,634,686.23
Amortization of Interest Maintenance Reserve	57,834.00
Rental Income	437,368.00
Other Revenue	57,201.05
TOTAL REVENUE	\$ 61,810,383.02
EXPENSES	
Increase in Reserves — Life	\$ 7,736,833.00
Increase in Reserves — Annuity	26,234,921.00
Insurance Benefits	2,897,264.30
Annuity Benefits	12,273,132.13
Commission Expense	884,787.71
Surrender Benefits	843,856.80
Miscellaneous Member Benefits	70,700.06
Matured Endowments	245,299.58
Donation Expenses	244,062.77
Convention Expenses	150,000.00
Dividends to Members	1,499,161.21
Post Mortem Benefits	686,142.73
Bonus to Branches	781,774.00
Fraternal Activities	112,329.98
Bank Service Charges	74,607.46
Data Processing Service Fees	213,267.57
Accounting Fees	106,546.00
Actuarial Fees	178,469.25
Legal Fees	83,641.20
Consulting Services	95,765.00
Official Publications	244,260.13
Scholarship Awards	150,500.00
Miscellaneous Employee Benefits	311,925.34
Fees — Directors	90,958.60
Salaries — Employees	971,665.85
Salaries — Officers	364,791.70
Interest Expense	300,957.97
Tax Expense	264,581.12
Depreciation Expense	343,030.00
Utility Expense	60,917.82
Postage and Printing	253,458.71
Advertising	83,814.54
Travel Expense	124,926.38
Insurance Department Fees	68,395.28
Sales Promotion	88,059.81
Rental Expense	432,433.00
Other Expense	346,844.90
TOTAL EXPENSE	\$ 59,914,082.90
NET INCOME	\$ 1,896,300.12



BROILED SCALLOPS

- ½ lb. large fresh scallops
- 2 tablespoon butter
- ¼ teaspoon thyme
- ¼ teaspoon basil
- 1 tablespoon fine dry bread crumbs
- ½ tablespoon grated Swiss cheese

Place scallops in shallow baking dish. Dot with butter. Bake in 400 degree oven for approximately 10 minutes. Meanwhile combine thyme, basil, bread crumbs and Swiss Cheese. When scallops are just cooked, remove from oven. Sprinkle with crumb mixture and broil until lightly browned. Serve at once.

STUFFED SHELL PIEROGIES

- 3 lbs. potatoes (about 8) peeled and quartered
- 8 oz. shredded Cheddar cheese (2 cups)
- 1 teaspoon salt
- ½ teaspoon pepper
- 6 cups sliced sweet onions
- Butter or margarine
- 1 box jumbo shells, cooked until tender-firm and cooled under running cold water

Cook potatoes until soft, drain. Add cheese, salt & pepper and mash until smooth. Melt margarine or butter in large skillet. Add onions and cook 12 minutes or until tender but NOT browned. Spread half the onions over the bottom of a 13x9 baking dish.

Stuff each shell with heaping tablespoon of the potato mixture, close edges.

Arrange in single layer over onions, spread remaining onions on top. Bake at 350 degrees uncovered 15 to 20 minutes or until heated through.

CREAM OF POTATO AND ONION SOUP

- 8 potatoes, peeled and cubed
- 4 onions, chopped
- 6 tablespoons all-purpose flour

- 6 tablespoons butter
- 2 cups milk
- 3 tablespoons chopped fresh parsley
- salt and pepper to taste

In a large pot over high heat, combine the potatoes, onions and water to cover and boil for 30 to 45 minutes, or until tender. Drain the mixture, reserving 3 cups of the water. Transfer this in small batches to a blender and puree until smooth.

In the same pot over medium heat, combine the flour and the butter, stirring together well, to form a roux. Slowly add the milk, stirring constantly, until well blended. Reduce heat to low and add the pureed potato mixture. Let simmer, stirring occasionally for 5 to 10 minutes. Add the parsley and season with salt and pepper to taste.

PASTA AND CAULIFLOWER

- 1 head cauliflower, broken into small florets
- ½ cup olive oil
- 1 onion, chopped
- 2 cloves garlic, minced
- 1 teaspoon chopped fresh parsley
- ¼ teaspoon garlic powder
- salt to taste
- ground black pepper to taste
- 2 tablespoons grated Parmesan cheese
- 1-pound spaghetti

Cook pasta in a large pot of boiling salted water until al dente.

Meanwhile, steam frozen cauliflower until tender. Alternatively, break cauliflower into flowerets, and steam until tender.

Heat olive oil in a large skillet. Add onion and sauté until golden. Add garlic, and sauté until golden brown. Stir in cauliflower and seasonings.

Drain pasta, and transfer to a large serving bowl. Toss with onion and cauliflower mixture, and top with cheese.

TUNA CASSEROLE

- 1 (8 ounce) package wide egg noodles
- 2 tablespoons butter
- 2 tablespoons all-purpose flour
- 1 teaspoon salt (optional)
- 1 cup milk
- 1 cup shredded sharp Cheddar cheese
- 1 (6 ounce) can tuna, drained
- 1 (15 ounce) can peas, drained

Preheat oven to 350 degrees. Coat a 2-quart casserole dish with cooking spray. In a large pot of salted water, boil noodles until al dente. Drain well. In a medium saucepan, combine flour, butter, and salt. Stir until butter is melted and ingredients are combined evenly. Add milk, and whisk until the sauce thickens (usually it is at the

proper consistency by the time it begins to boil). Add cheese to mixture, and whisk until cheese is melted and mixture is well blended. Stir in tuna, peas, and noodles. Spread evenly in prepared dish.

Bake in preheated oven for 30 minutes. Serves 6

BROCCOLI QUICHE

- 1 (9 inch) unbaked pie crust
- 2 tablespoons butter
- 1 onion, minced
- 1 teaspoon minced garlic
- 2 cups chopped fresh broccoli
- 1½ cups shredded mozzarella cheese
- 4 eggs, well beaten
- 1½ cups milk
- 1 teaspoon salt
- ½ teaspoon black pepper
- 1 tablespoon butter, melted

Preheat oven to 350 degrees. Over medium-low heat melt butter in a large saucepan. Add onions, garlic and broccoli. Cook slowly, stirring occasionally until the vegetables are soft. Spoon vegetables into the crust and sprinkle with cheese.

Combine eggs and milk. Season with salt and pepper. Stir in melted butter. Pour egg mixture over vegetables and cheese. Bake in preheated oven for 30 minutes, or until center has set.

CHOCOLATE CHIP BUNDT CAKE

- 1 (18.25 ounce) package chocolate cake mix
- 1½ cups semisweet chocolate chips

Preheat oven to 350 degrees. Grease and flour a Bundt pan. Prepare batter according to instructions on cake mix package. Stir in chocolate chips.

Pour batter into Bundt pan. Bake at 350 degrees for 35 to 40 minutes, or until toothpick inserted into center of cake comes out clean.

Cool for 10 minutes in pan, then turn out onto a wire rack. Pour reserved chocolate chips on top.

GLAZE:

- 1 (14 ounce) can sweetened condensed milk
- 1 cup semisweet chocolate chips
- 1 teaspoon vanilla extract

In a saucepan over medium heat, combine the sweetened condensed milk and chocolate chips. Cook, stirring constantly, until the chips are melted and the mixture is smooth. Do not allow it to bubble. Remove from the heat and stir in vanilla. Cool slightly before drizzling over a cake. If you want to make this ahead, it can be cooled and reheated in the microwave.

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